



ABOUT

TERESA GRAME

Teresa Grame is a Licensed Clinical Social Worker, board-certified art therapist, and play therapist supervisor with over twenty years of experience working with youth and families who have experienced interpersonal violence, bereavement, and medical illness. In her current role at Chadwick Center for Children and Families, Teresa provides trauma-focused therapy to youth and families and training in the areas of grief and loss in foster children, play and art intervention, and art workshops to support the wellbeing of providers. Teresa is a PhD Candidate in Art Therapy at Dominican University completing an arts-based narrative inquiry study with adolescent survivors of complex trauma. She is an instructor at UCSD Extension Play Therapy Certificate program in the areas of supervision and art and play interventions with adolescents. Her interests include art therapy in complex trauma treatment, community-based arts programs, and medical art therapy.