Dr. Rocio Chang-Angulo specializes in working with multicultural youth and families, including a large Puerto Rico Learning Community. She adapted and translated educational materials about Developmental Trauma Disorder for educators and clinicians. She co-developed a Spanish curriculum on the intersection of domestic violence, mental health, and trauma with the Connecticut Coalition against Domestic Violence and the National Alliance of Mental Illness. Rocio has also worked with several grassroots organizations to ensure that the voices of families and youth are included in treatment development and dissemination. She reviewed/edited the first Spanish translation of the Trauma Affect Regulation: Guide for Education & Therapy (TARGET) therapy manual, including adaptations designed to increase client participation and retention. Dr. Chang-Angulo is a member of the National Child Traumatic Stress Network, and serves as an Assistant Professor at the University of Connecticut, School of Medicine, overseeing cultural competence, peer support practices, and the active involvement of mental health consumers in delivering mental health services.

