



## ABOUT

# ROCIO CHANG

Rocio Chang-Angulo, Psy.D., Assistant Professor of Psychiatry received her undergraduate degree in Neuroscience at Trinity College and her Master of Arts and Psy.D. degrees at the University of Hartford. Dr. Chang-Angulo completed a postdoctoral fellowship at the University of Connecticut in 2007 working with Drs. Julian Ford and Karen Steinberg. Their collaboration continues to this day and focuses on the treatment of traumatized children and families, with an emphasis on those referred from the juvenile justice system. Dr. Chang-Angulo has published in the area of childhood and adult trauma and presented at a wide variety of regional and national scientific meetings. She is sought after to provide specific training on the assessment and treatment of complex trauma, and in particular she has been a resource to Latino organizations. Dr. Chang-Angulo served as Director of the Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Capitol Region Mental Health Center Women's Diversion Program from 2003-2006, working with Dr. Julian Ford to adapt Trauma Affect Regulation Guidelines for Education and Therapy (TARGET) to complement the Relational-Cultural treatment and rehabilitation model she initiated. She has conducted TARGET with adolescents. She is a trainer of the Wellness Recovery Action Plan (WRAP), Think Trauma Curriculum, Restorative Justice Practices, and Peer Support Services. She has been trained in Adolescent Community Reinforcement Approach for adolescent cannabis users (ACRA), Adoption Competency, Gestalt Pastoral Care, Spiritual Direction, Eye Movement Desensitization Reprocessing (EMDR), Trauma Focused CBT, Relational-Cultural Practices, and Multicultural Wellness Education. She is the co-Pi of the Center for Treatment Recovery and Juvenile Justice and the Center for Treatment of Developmental Trauma Disorder. Dr. Chang-Angulo has adapted and translated educational materials about Developmental Trauma Disorder and trauma-informed services for correctional officers, administrators, educators, and clinicians. She co-developed a Spanish curriculum on the intersection of domestic violence, mental health, and trauma with the Connecticut Coalition Against Domestic Violence and the National Alliance of Mental Illness. Rocio serves on several National Child Traumatic Stress Network committees and is a peer reviewer of the Journal of Racial and Ethnic Health Disparities.