

## Positive Parenting Workshop

George Holden, Ph.D.

### Objectives

1. Introduce the history and concept of positive parenting.
2. Illustrate the concept with behavioral examples.
3. Highlight the need for parents to shift to a positive parenting orientation.

### References

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- Nicholson, B. & Parker, L. (2013). *Attached at the heart: Eight proven parenting principles for raising connected and compassionate children*, rev. ed. Deerfield Beach, FL: Health Communications.
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