



Esther Deblinger, Ph.D. is the founding co-director of the Child Abuse Research Education and Service (CARES) Institute and a Professor of Psychiatry at Rowan Medicine in Stratford, New Jersey. Dr. Deblinger has received funding to support research on treatment of childhood trauma(s) through grants from the National Institute of Mental Health and other sources. She and her collaborators, Drs. Judith Cohen and Anthony Mannarino, developed Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), a treatment program that to date has been evaluated for its efficacy via 24 randomized controlled trials. Dr. Deblinger has co-authored numerous scientific publications and several widely acclaimed professional and children's books. Her work over the past 35 years has been recognized with awards from Woman's Day magazine, the state of New Jersey's Office of the Child Advocate and the American Professional Society on the Abuse of Children and she has offered training to professionals across New Jersey, the nation and the world.